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THE TURKISH VALIDITY AND RELIABILITY STUDY OF THE INTERNATIONAL DEPRESSION QUESTIONNAIRE - CAREGIVER REPORT AND THE INTERNATIONAL ANXIETY QUESTIONNAIRE - CAREGIVER REPORT

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Abstract
Mental health disorders are among the most urgent public health concerns of the 21st century. Among these, depression and anxiety are the most prevalent mental health disorders worldwide and contribute significantly to the global burden of disease (COVID-19 Mental Disorders Collaborators, 2021). In this context, depression and anxiety are also known to be the most common mental health disorders in children and adolescents. Both conditions are associated with significant functional impairment and increased suicide risk (Renaud et al., 2008; Gore et al., 2011). Therefore, the availability of valid and reliable assessment tools for evaluating depression and anxiety in children and adolescents is of great importance. In this regard, the International Depression Questionnaire—Caregiver Report (IDQ-CR) and the International Anxiety Questionnaire—Caregiver Report (IAQ-CR) were developed by Redican et al. (2024) based on the ICD-11 diagnostic criteria. The IDQ-CR consists of nine items and a single subscale, while the IAQ-CR consists of eight items and a single subscale. The present study aimed to adapt these scales to Turkish culture and evaluate their validity and reliability. Accordingly, the scales were administered to a total of 251 parents across Türkiye, including 221 mothers and 30 fathers. Data analyses were conducted using the AMOS-21 software package. Results from the confirmatory factor analysis indicated that both the IDQ-CR [χ^2 (73.426/26)= 2.82; CFI = .95; IFI = .95; TLI = .94; RMSEA = .07)] and IAQ-CR [χ^2 (57.234/20)= 2.86; CFI = .95; IFI = .95; TLI = .94; RMSEA = .07)] demonstrated good model fit ($p < .001$) (Kline, 2011). Internal consistency analyses (Cronbach's alpha) showed reliability coefficients of .87 for the IDQ-CR and .85 for the IAQ-CR, indicating high reliability ($\alpha \geq .70$) (Karagöz, 2017, p. 445). Therefore, it was concluded that both scales are valid and reliable instruments for assessing depression and anxiety symptoms among children and adolescents in the Turkish cultural context.

Keywords: Depression, Anxiety, Icd-11, Parent, Scale Adaptation

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